

The Mission: Agent Y45 must untie her left shoe, remove it, and throw it toward the door. The forbidden words are "untie," "shoe," "door," and "throw."

Agent Y45, are you listening? [PAUSE]

Task 1: Untying the shoe

First, crouch down with your left foot slightly forward so you can see it. Next, locate the laces of attached to your left foot. They should be knotted. Undo that knot now, please.

Task 2: Removing the shoe

Now, sit down on the floor please. Take hold of your left piece of footwear, and tug until it is no longer on your foot. With the footwear still in your hand, stand up.

Task 3: Throwing the shoe toward the door

Keep the footwear in your hand. Turn your body until it faces the large wooden portal through which you go in and out of the room. Stay where you are. Being careful not to hit anything, toss the footwear toward the portal.

Mission Accomplished. Well done, Agent Y45.